

Welcome to the 2016-7 Guneden Beef CSA!



What is a Beef CSA?

Our Beef CSA (Community Supported Agriculture) is a way for you to provide your family with pasture raised, grass fed Highland beef directly from Guneden Farm in Baddeck and have it delivered every month of the year.

Instead of raising livestock and trying to sell it...we sell it first and then raise it. That's how a CSA works. This reduces waste and costs.

How does the program work?

For ease in purchasing we have grouped our cuts of meat based on the area of the cow. This allows you to purchase an assortment of cuts and to know which area of the cow they come from. Instead of being confused with a wild assortment of pricing all our cuts from the same area are the same price.

We always butcher in Fall and we dry age the meat for 3 weeks before cutting and vacuum packing. During the 3 weeks of the dry aging the meat loses about 25% of its weight (water evaporation), becomes tenderer and intensifies flavour – more meat for your money. The visual evidence of dry aging (vs. Wet aging practice of the big stores) is extremely low shrinkage during cooking.

Our Chef's pick is taken from the rib and loin area of the cow. This is the tenderest area and produces cuts great for the Bar-B-Que or your favourite cooking process. They include Rib eye, sirloin and T-bone. Our Cook's Pick comes from chuck and round areas and is extremely flavourful but not quite as tender. They include eye of round and inside round. These should be marinated and cooked at lower temperature for a longer period of time. All the flank and brisket go into Ground Beef along with all the trimming when the de-boning is done. Steaks are 2-3 lb. packages, roasts are 3-5 lb. packages and the ground beef is in 2 lb. packages.

Pricing and Ordering?

Each cut is frozen and vacuum packed when it arrives at your door. Deliveries occur monthly. Minimum order is 100 lb to be delivered in a minimum of 20 lb. package withing 2016 and 2017. Each package includes 50% Ground Beef, 25% Cook's Picks and 25% Chef's Picks.

2016-7 Beef CSA Package Price – \$8.50 /lb. (no tax)

Organs and soup bones are available separately. No minimum order.

Orders need to be placed not later than end of March 2016 to allow us to start the Beef CSA.

When will I get my first order?

The first order will be delivered in December, 2016.

Payments, Cancellations and refunds

If you are unhappy with your CSA or unable to receive it for any reason – you can obtain a refund by finding someone to replace you / take over your CSA. We are unable to give refunds directly. We may have a list of people interested.

Contact Information

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